

# TALK

*...face to face...*

Supporting people with aphasia after stroke in Elmbridge

Have you had a **stroke**?

Have you developed **communication difficulties** (aphasia)?

Do you feel **less confident, isolated** or **depressed** since your stroke?

Would you like to **meet other people with aphasia**, who are adapting to life after stroke?

Then TALK could be for you ...



*"The group has helped me very much and given me more confidence, the speakers and helpers are truly great"*

Mr A, stroke recoverer with aphasia.



Charity No: 1072526



## TALK offers two services for residents living in the Borough of Elmbridge.

### • TALK Group

Attendance at a weekly **TALK** group in one of our five locations including **Walton on Thames**. The group allow you to **practise** all aspects of **communication** and help **rebuild confidence** and self-esteem.

They provide a friendly environment where you can have **supported conversations**, fun and **social interaction**.

### • Home Visiting Service

This offers the support of a TALK volunteer in your own home if you are unable to attend the TALK group (*subject to availability*).

To make a **referral** or enquire about **volunteering opportunities**.

Please contact:

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Thames.



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